



## Directions / ご使用方法

### SuperdrivEX

SuperdrivEX that you take 4 tablets with water at a half hour before play for endurance energy. SuperdrivEX contains animal amino acids (with supporting roles from bee larvae and royal jelly) easily assimilated into the body with OLIGONOL that suppress lactic acid, the agent of fatigue.

Lactic acid is the substance that stiffens your muscles. First we've suppressed lactic acid, and now we're going to hit them with two endurance amino acids, one called anserine that is an extract from bonito, the fast migratory fish that swims all its life, and another called carnitine that is a chicken extract. Formulated with the dual objective of supplying endurance and material for building muscle tissue, this is how SuperdrivEX holds off fatigue.

運動前の 30 分前ぐらいに水等で 4 粒前後飲んでください。

ロイヤルゼリー・蜂の子に加え、高速回遊魚カツオ抽出物(アンセリン)と鶏胸肉抽出物(カルノシン)という 2 種類の持久系アミノ酸を配合。

さらに、これら天然由来のアミノ酸に運搬能力の優れた「オリゴノール R」を加えることにより、カラダの隅々までアミノ酸を届けます。

運動によるウェイトコントロールや寒冷地でのスポーツ、さらに天然の抗酸化バリアで UV 対策も。

### ReloadEX

The ReloadEX that you take 4 tablets with water within 30 minutes after play for quick recovery of wrecked body. Immediately to 30 minutes after exercise, your muscles are a mess. Unless the material (nutrients) needed by these wrecked muscles is supplied to them during these 30 minutes, you won't experience an effective fatigue recovery.

After exercise swiftly delivers to your wrecked muscles amino acids (building material for muscle tissue) in the same peptide form as SuperdrivEX. The objectives are to reinforce the muscles and relieve muscle fatigue. The difference is that ReloadEX includes around 25% fructose instead of the endurance amino acids unnecessary for recovery. nutrients wouldn't reach the muscles. With the fructose and OLIGONOL included, their glucides attach themselves to the citric acid and the BCAA slips through to the broken down muscles.

運動後、できるだけ早いタイミングで水等で 4 粒前後お飲みください。

運動直後の 30 分間は筋肉のゴールデンタイム。

最適な栄養を素早く補給することが効果的なりカバリーとボディデザインに繋がります。持久系アミノ酸に代わり高品質な果糖を多く含むことにより BCAA を体に送り込みます。

さらに「オリゴノール R」を加えることにより、スポーツの後に素早くリカバリー。

それぞれのスポーツに適した質の高いカラダを目指しましょう。最適なケアで疲れ知らずのカラダに。そしてスッキリと翌日を迎えましょう。